

HEALTH & HARMONY

• AWAKENING POTENTIAL! •

Health and Harmony Chiropractic and Wellness Center
Evergreen, Colorado
303.670.1001

PRACTICE MEMBER PROFILE

Name Margi MacDonald

Age (optional) 55

Occupation Realtor

Hobbies/Interests Showing & breeding dogs, hiking, reading

Favorite Book(s) Crossing to Safety by Wallace Stegner

Favorite Color Green

Reason for starting care at Health and Harmony?

(choose from the following)

Life/Health Enhancement

Increase Self Awareness

Symptoms

(If so, what was your major complaint?)

Perforans Syndrome, chronic neck

Other (please describe)

chronic neck pain & arthritis

Other health professionals on your "health team"?

(circle)

Nutritionist MD Athletic trainer

Acup ND Massage therapist

Physical Therapist Other



What have you noticed or become aware of as you have received care at Health and Harmony?

Body awareness, reduced stress, better response to stress and I am learning to heal myself rather than run from pain & mask it with medicine

How has this impacted your overall life?

I am happier, nearly pain free & sleeping much better. Overall, my life is much more joyfull and enjoyable!

Since starting care at Health and Harmony, grade how your overall health and well-being have remained the same or improved? (circle the best answer) (No change) 1-2-3-4-5-6-7-8-9-10 (Major change)

May we share this information with others? Yes No

THANK YOU FOR THE OPPORTUNITY TO SERVE YOU, YOUR FAMILY, AND YOUR FRIENDS!